

# PINELLAS COUNTY LASIK GUIDE



**GULFCOAST**  
EYE CARE

LASIK TODAY, CLEAR VISION TOMORROW.

# SEEING CLEAR HAS NEVER BEEN EASIER

Imagine life without glasses or contacts. Over 12 million people in the U.S. have chosen laser vision correction and now enjoy the miraculous freedom and comfort of clear natural vision.

Many patients are surprised to know that LASIK can treat nearsightedness, farsightedness and even astigmatism. And, LASIK in Pinellas County has exceptional visual results, thanks to the amazing advancements in All-Laser Custom LASIK technology.

This guide will explain the LASIK treatment to help you make an educated and informed decision when considering vision correction surgery.







# UNDERSTANDING LASIK

## The Journey to 20/20 with All-Laser LASIK

Thanks to advanced technology most people who meet the general age and health requirements are candidates. Advanced All-Laser LASIK technology can treat a broad range of prescriptions, including mild to severe nearsightedness, farsightedness and astigmatism.

### The Procedure



Both eyes will be numbed with a topical anesthetic eye drop. An instrument is used to keep the eye open so you don't have to worry about blinking.



Laser energy will create a thin layer or flap of the cornea. Known as an excimer laser, this works by using a cold light beam to sculpt the cornea's surface to the desired shape, by removing a microscopic amount of tissue.



After the laser treatment, the flap is laid back into position and kept in position by natural suction without sutures.

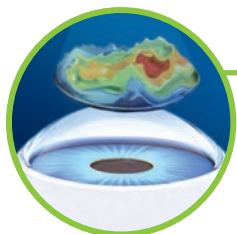
### Did You Know?

The actual LASIK procedure only takes 7-10 minutes per eye.

**7-10**  
MINUTES PER EYE

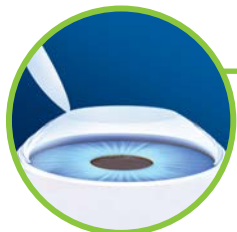
# ALL-LASER CUSTOM LASIK

## Step-By-Step



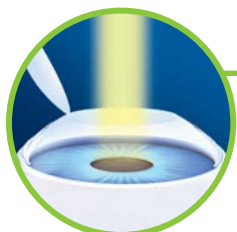
### Step One

Using WaveScan technology, your surgeon will take a “fingerprint” of your eye and your optical path that is called a WavePrint map. This detailed information is then evaluated by your surgeon.



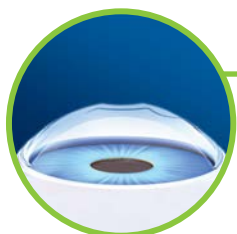
### Step Two

A laser is used to gently create a corneal flap with the safety and precision of a computer controlled laser beam. Your surgeon then folds back this flap to prepare the eye for the treatment laser.



### Step Three

Your surgeon uses an Excimer Laser to apply a cool beam of light, which gently reshapes the cornea allowing images to be more sharply focused on your retina.



### Step Four

Finally the protective flap that was created in Step Two is gently placed back in its original position and begins healing immediately.







# AFTER LASIK

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For the first couple hours, you may experience some blurriness, burning, and tearing. **We recommend a 3-4 hour nap** immediately after to aid in the healing process. The following day most irritation will be gone and your vision will be clear.

Vision may fluctuate for 3-6 months after the procedure. Most major fluctuations stop after 2 weeks, while it can take additional time for minor visual aberrations (glare and halos) to subside.

## Returning to Activities

- Driving can be resumed the next day
- Most patients return to work within 1-3 days
- Avoid strenuous or visually demanding tasks for at least 1-2 days (3 days if you had LASIK/PRK)
- Active sports should be postponed for 2 weeks or until the eye is fully healed
- Avoid swimming, hot tubs, and saunas for 3 weeks

Let's face it, the cost of glasses and contacts, cleaners and solutions adds up over time. In fact, it can be downright expensive... not to mention inconvenient. The average person, over a lifetime, spends a small fortune on glasses and contacts.

## What's the cost of great vision?



Depending on your prescription, your **contacts and glasses can cost anywhere from \$400 to \$800 per year...** never to end!

|          | PER YEAR*             | 10 YEARS*               |
|----------|-----------------------|-------------------------|
| Contacts | <b>\$300 - \$400</b>  | <b>\$3000 - \$4000</b>  |
| Glasses  | <b>\$300 - \$800+</b> | <b>\$3000 - \$8000+</b> |

## LASIK PAYS FOR ITSELF OVERTIME!

Plus, with affordable financing plans and your ability to use your FSA/HSA, LASIK is even more affordable than ever before!

# ENJOY A LIFETIME OF SAVINGS WITH LASIK







# CHOOSING A LASIK SURGEON

While LASIK is common, it is a medical procedure that requires comprehensive and individualized treatment for optimal results. The center you choose for your procedure should be the practice that makes you feel confident and comfortable – confident in their surgeon and confident in their results.

“I had a great experience with with Dr. Manning. He is very knowledgeable and spent a long time with me. He answered all my questions. The best of all is he is very approachable and such a nice guy.”  
Tirso L.

“I can’t say enough good things about Dr. Manning and his staff. I was struggling with my contacts and did not like wearing my glasses. I went in to see Dr. Manning, he listened to me and what my future hurdles were going to be and he was able to give me options. Now I able to see without any assistance from glasses or contacts, I couldn’t be happier.”  
Kim Y.

If you are considering LASIK, the surgeon you choose matters. The surgeon should be experienced and specifically qualified to perform the All-Laser Custom LASIK procedure needed for your best visual outcome.

Furthermore, the center should take time to talk with you about your lifestyle, visual goals and expectations to ensure you receive optimal results.

We strongly believe you will find choosing Gulfcoast Eye Care to be a choice you can make with confidence – a choice you can truly trust your eyes to. As you consider any type of vision correction, you can be confident in our commitment to be there every step of the way to make the process comfortable, and

above all, successful. Not only will you have personalized care by Dr. Manning, but he is also one of the most experienced refractive surgeons in Pinellas County - that's peace of mind.

## Upgrade to better vision today!

If you have been living with the constant hassle of glasses and contacts, don’t wait a moment longer. **Call Gulfcoast Eye Care today at (727) 895-2020 to schedule your FREE LASIK Consultation.** Our LASIK team and Dr. Manning himself will examine your eyes to see if you’re a good candidate for All-Laser Custom LASIK.

*“I had my LASIK surgery on Tuesday and less than 24 hours later, my vision had improved from 20/85 (awful) to 20/15! Pretty dramatic results. I seriously urge anyone who has EVER thought about it, to DO IT! It was almost entirely painless and the “recovery” time has been short and easy. Just a few days later and I can honestly say it’s one of the best decisions I’ve made in my 35 years of life. Just wish I hadn’t waited so long. Here’s to a life without glasses!”*





**GulfcoastEyeCare.com | (727) 895-2020**

Palm Harbor | Pinellas Park | St. Petersburg

**CALL TO SCHEDULE YOUR FREE LASIK CONSULTATION TODAY!**